MOUTH CARE Pack after 24 hours of admission

Oral assessment

Unhealthy mouth & the affects on nutrition, hydration & dignity

Tools & products

Help & level of support

Safe denture care

What is MOUTHS?

MOUTHS is an acronym designed to help remember the 6 key points for carrying out good mouth care.

By using MOUTHS in patients daily mouth care routine, their overall dignity and wellbeing will be greatly improved.

The Mouth Care Pack...

[Images of screening sheet, mouth care assessment, daily recording sheet]

What to look for?

1. Lips: Pink & moist
2. Tongue: Pink, moist & clean
3. Teeth & gums: Clean, teeth are not broken or loose. Gums are not bleeding / inflamed
4. Cheeks / palate / under tongue: Clean, saliva present & looks healthy
5. Dentures: Clean & comfortable
   It is important that both the dentures and the mouth are cleaned daily

How to remove & clean a denture

[Images of tools: small headed toothbrush, dry mouth gel, non-foaming toothpaste, named denture pot (if applicable)]