

# { Mouth Care Matters

## Product Order Information






Please note that Mouth Care Matters is not affiliated with any brand, company or product.




The purpose of this guide is to provide hospital staff with information on how to order suitable mouth care products for inpatients.

## Toothbrushes

Small headed tooth brushes can be used on all patients; the small head is useful for patients who have limited mouth opening and people with sore mouths.

Toothbrushes can be used for more than cleaning the teeth and gums, they can also be used to clean tongues, applying dry mouth gel, and hydrating the mouth with water.

Product name	Product Description	Product Source	Price/Quantity
Small headed toothbrush (Tandex child brushes) 	Soft small headed toothbrush for cleaning the mouth  Can be used on any patient	Available on NHS supplies  Item number ILA4157	Unit measure 1 box of 144.  Cost £65.74 £0.46p each
Three headed toothbrush (Interdental brush Superbrush Compact 6+yrs SU111) 	This brush is useful for individuals with limited cooperation as it cleans multiple surface at one time.	Available on NHS supplies  Item number ILA4143	Unit measure 1 box of 12  Cost £42.23 £3.52p each
Basic tooth brush (Toothbrush basic quality child) 	Basic small-headed toothbrush  Can be used on any patient	Available on NHS supplies  Item number: MRA186	Unit measure: 1 box 25  Cost £1.15 £0.5p each

<p>OroCare™ Mini toothbrush</p> 	<p>Small headed toothbrush with soft plastic bristles,</p> <p>Suitable for EOL, patients with sore mouths, Post Op, limited access/opening</p> <p>Individually wrapped/single use item</p>	<p>Available from Intersurgical</p> <p>Product code: 3011000</p>	<p>£9.60 per box</p> <p>Box quantity: 30</p> <p>£0.32p each</p>
<p>Suction toothbrush (Closed Suction Catheter Accessories suction Toothbrush unflavored 100)</p> 	<p>Suction toothbrushes are useful for patients who are at risk of aspiration.</p> <p>Can attach to suction tubing to assist removal of secretions</p> <p>Individually wrapped single use item</p>	<p>Available on NHS supplies</p> <p>Item number: FPA669</p> <p>Or</p> <p>FPA668</p>	<p>Unit measure: 1 box of 100</p> <p>Cost £74.23</p> <p>£0.74p each</p> <p>Or</p> <p>Box of 500</p> <p>Cost £321.65</p> <p>£0.64p each</p>
<p>Toothbrush with suction oral care</p> 	<p>Suction toothbrushes are useful for patients who are at risk of aspiration.</p> <p>Can attach to suction tubing to assist removal of secretions</p> <p>Individually wrapped single use item.</p>	<p>Available on NHS supplies</p> <p>Item number: FSQ374</p>	<p>Unit measure: 1 box of 25</p> <p>Cost £37.02</p> <p>£1.48 each</p>

## Toothpastes

Although many patients are able to use their own toothpaste, there are non-foaming toothpastes available (sodium lauryl sulphate free) that are safer to use for patients with conditions such as dysphagia, dry mouth, individuals who are nil by mouth, or unable to follow direction due to cognitive issues. Below are some examples of non-foaming toothpastes, this list is not exhaustive.





Product name	Product Description	Product Source	Price/Quantity
<p>Non-foaming toothpaste (Oralieve mild mint toothpaste 12ml size)</p> 	<p>SLS free non foaming toothpaste Mild flavour</p> <p>1450ppm fluoride toothpaste</p> <p><b>*This products contain proteins extracted from milk so not suitable for patient with a milk allergy or vegans.</b></p>	<p>Available on NHS supplies</p> <p>Item number ILA920</p>	<p>Unit measure: 1 box of 70.</p> <p>Cost £46.47</p> <p>£0.66 each</p>
<p>Non-foaming non flavoured toothpaste (OraNurse unflavoured toothpaste)</p> 	<p>SLS free non foaming toothpaste No flavour</p> <p>1450ppm fluoride toothpaste</p> <p>Also available in 1000ppm fluoride toothpaste</p>	<p>Available from supplier or available online</p> <p>Ris Healthcare</p>	<p>Available from:</p> <p>Alliance Healthcare</p> <p>DENT.O.CARE</p> <p>CTS Dental Supplies</p> <p>And can be ordered from pharmacy's</p>
<p>Non-foaming toothpaste (BioXtra mild mint toothpaste 15ml size)</p> 	<p>SLS free non foaming toothpaste Mild flavour</p> <p>1450ppm fluoride toothpaste</p> <p><b>*This products contain proteins extracted from milk so not suitable for patient with a milk allergy or vegans.</b></p>	<p>Available from supplier or available online</p>	<p>Please contact RIS Healthcare supplier for best price</p>






## Products for symptoms of dry mouth


There are different products available as oral sprays and gels with the purpose to relieve the symptoms of dry mouth. They are not an alternative to brushing teeth with toothpaste. Dry mouth gels should be massaged into the soft tissues of the mouth (tongue, cheeks and lips) using either a toothbrush, MouthEze oral cleanser or a gloved finger (if safe to do so). They can also be used to soften dried oral secretions, and help with the retention of a denture. The list of gels below is not exhaustive.

Product name	Product Description	Product Source	Price/Quantity
Mouth moisturising gel (Oralieve mouth moisturising gel 12ml) 	Mild flavoured oral moisturising gel than can be used as required  <b><i>*This products contain proteins extracted from milk so not suitable for patient with a milk allergy or vegans.</i></b>	Available on NHS supplies  Item number ILA747	Unit measure: 1 box of 70.  Cost £50.04. £0.71p Each
Mouth moisturising gel (bioXtra oral gel 15ml) 	Mild flavoured oral moisturising gel Can be used as required  <b><i>*This products contain proteins extracted from milk so not suitable for patient with a milk allergy or vegans.</i></b>	Available from supplier or available online	Please contact RIS Healthcare supplier for best price

## Additional Mouth Care products

Product name	Product Description	Product Source	Price/Quantity
360 Toothbrush  	<p>We promote this “toothbrush” to be used to hydrate patients mouths</p> <p>It is the closest/safest replacement to a foam sponge we have found.</p>	Available direct from Oralieve team	£2.98 each
MouthEze oral cleanser 	<p>MouthEze oral cleanser is NOT designed to clean teeth and is not a substitute for foam ended products.</p> <p>They can be used to remove dry or sticky tenacious secretions from all areas of the mouth.</p> <p>The MouthEze stick is safe to use, the silicone bristles are soft and do not detach from the stick.</p>	Available on NHS supplies  Item number ILA901	Unit measure:- 1 box of 25  Cost £12.18  £0.49p each
Denture Storage pot and lid 	<p>Plastic denture pot that can be used to store a denture when not in the mouth.</p> <p>(please note the pot and lid need to be ordered separately)</p>	Available on NHS supplies  Item number MRA144 (pot) and MRA145 (lid)	Unit measure 1 box of 100 (pot)  Cost £9.80  Unit measure 1 box of 100 (lids)  Cost £6.90

<p>Mouth Care Products Box (<a href="#">Baquette Pack 9in Hinged 225x80x75mm.</a>)</p> 	<p>This box can used to store mouth products in a hygienic way and prevent cross contamination around the patient bedside</p> <p>There are alternative sizes available, please liaise with procurement</p>	<p>Available on NHS supplies</p> <p>Item number UXB538.</p>	<p>Unit measure 1 box of 200.</p> <p>Cost £22.71 £0.11 each</p>
<p>Pen torch</p> <p>Torch examination pen Disposable Complete With Battery</p> 	<p>A light source is essential when assessing the mouth, without adequate lighting oral conditions may be missed</p>	<p>Available on NHS supplies</p> <p>Item number FFE1552</p>	<p>Unit measure 1 packet of 6.</p> <p>Cost £1.89 £0.32p each</p>
<p>Disposable bite block for bite control</p> 	<p>Bite block used for gently propping the mouth open to help with tooth brushing.</p> <p>Hard foam block for patient to bite on, with a tongue depressor.</p>	<p>Available on NHS supplies</p> <p>Item number: FPA056</p>	<p>Unit measure: 1 box of 144</p> <p>Cost £151.42 £1.05 each</p>
<p>Finger Guard,</p> 	<p>Finger guard for gently propping a patients mouth open to help with tooth brushing.</p> <p>Hard plastic block for patient to bite on.</p>	<p>Not on supply chain, available online</p> <p>Try DENT.O.CARE</p>	<p>Available in large and regular size</p> <p>Individually ordered</p> <p>Price varies</p>
<p>Open wide mouth prop</p> 	<p>Bite block used for gently propping the mouth open to help with tooth brushing.</p> <p>Hard foam block for patient to bite on.</p>	<p>Not on supply chain, available online</p> <p>Try DENT.O.CARE</p>	<p>Available in large and regular size</p> <p>Individually ordered</p> <p>Price varies</p>

<p>Mucosal Coating gel Gelclair</p> 	<p>Gelclair is a mouth rinse that is used to relieve symptoms of a sore mouth.</p> <p>Sachets can be mixed with water to form a gel that lines the mouth; the gel can also be used undiluted for patients who are unable to rinse their mouth.</p>	<p>Available on NHS supply chain</p> <p>Item number: ELZ012</p>	<p>Unit measure: box of 21</p> <p>Cost: £46.40</p> <p>£2.21 per sachet</p>
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## Sodium Lauryl Sulphate (SLS) free toothpastes:

There are a few non foaming toothpastes on the market that patients can buy.

Below is a list that is non-inclusive.

Advise a FLUORIDE containing toothpaste

Spit but DO NOT rinse after brushing

Sensodyne daily care gel

Sensodyne daily care

Oranurse unflavoured toothpaste

Sensodyne ProNamel

Retardex toothpaste

Aquafresh children's little teeth

Oralieve toothpaste

BioXtra toothpaste

Biotene toothpaste